

Punctal Plugs



CAMERON
OPTOMETRY

EDINBURGH

Punctal Plugs

Anyone who suffers from dry eyes will know just how uncomfortable the condition can be. Symptoms such as burning, gritty, red eyes are common and vision can even be reduced in more severe cases.

The primary reason for dry eyes is either poor quality tears or too few tears.

In both cases the use of lubricating drops and ointments can play an important role in soothing the eyes. However these do not cure the cause of dry eyes and even frequent use may not resolve the discomfort fully.

When there is a lack of tears, a longer-term solution could be punctal plugs. These semi-permanent, long-lasting plugs are inserted into the drainage channel on the eyelid, preventing the escape of tears from the surface of the eye. The procedure is quick and comfortable and is performed in the practice. Once the plugs are fitted you are unable to feel them in your eye.

Please see our website for further information on punctal plugs. If you would like an opportunity to discuss your suitability for the treatment, then contact the practice to talk with one of our optometrists.

Please visit cameronoptom.com/plugs for further information on this treatment.