

Myopia Management



CAMERON
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What is Myopia?

Myopia is the medical term for short-sightedness, when the eyeball is too long or too powerful, causing objects in the distance to look blurred.

Generally once you have myopia your prescription declines over time, in particular during childhood as the eye develops. If a child is myopic, they are at risk of their vision deteriorating quickly. Not only does this mean reliance on strong glasses, higher levels of myopia are also linked to an increased risk of developing eye diseases such as glaucoma, retinal detachment, macular degeneration and cataract in later life.

What is Myopia Management?

Myopia Management aims to slow the progression of myopia in children through the use of specialised contact lenses. At Cameron Optometry our expertise in contact lenses allows us to provide the most advanced options available based on up to date research, which has found Myopia Management contact lenses can slow the progression of myopia by over 50%.

How do the contact lenses work?

Myopia Management contact lenses are designed to correct your child's vision by slowing the process of elongation and enlargement of the eyeball. There are two types of contact lenses currently available: lenses that are worn only when asleep (orthokeratology) and another type that are only worn by day, MiSight daily disposable lenses.

It is unlikely to completely halt the progression, however the aim is that by the time your child reaches adulthood their prescription will be significantly less than it would have been if their myopia was left untreated, reducing their risk of serious eye disease in later life.

For further information please visit cameronoptom.com/myopia or get in touch to speak to an optometrist.

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