

Eye care for children



CAMERON
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Eye care for children

Some children will receive vision screening either in nursery or in primary one, however this does not check the health of their eyes so a comprehensive eye examination is strongly advised.

Whilst the majority of children have good eyesight, it is still highly recommended that they visit an optometrist at least every two years from pre-school and essential if there is a family history of a squint or high spectacle prescriptions. Our high tech equipment gives us the best possible view of your child's eyes allowing us to check for any problems. When an issue is detected early, it can be managed and in many cases reversed.

The eye examination

It is usually a fun experience for children and they enjoy all the technology and measurements, particularly having the chance to see inside their own eyes. Our examinations are tailored to children using specialised equipment so they do not have to be able to read or talk to be able to perform an eye examination.

What to look out for

Most children assume that the way they see is normal so you cannot rely on them to tell you if things are wrong. As well as getting their eyes tested every two years, look out for the following:

- Headaches and sore eyes
- Difficulty concentrating
- Using fingers to track text or losing their place when reading
- Having issues with coordination for example when playing ball games
- Squinting or closing one eye when reading or watching television
- Showing sensitivity to light or the glare from a screen.

A child's comprehensive eye examination is £15 or free for those with a parent on our Vision+ membership scheme.

Cameron Optometry

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